

St Mary's CEVA Primary





Academy Newsletter





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"Do Everything in Love" 1 Corinthians 16:14



Friday 13th May 2022



We are so proud of all our year 6s this week as they completed their SATs. It has been such a difficult time for all our young people. I am so impressed by the way the children have been so resilient in their learning.

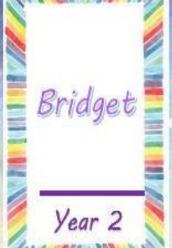
This week is Head fest, a time for us to stop, reflect and find our way during the challenges that we have faced in the last few years. There are links on the website to a range of activities that you can access (please click link below).

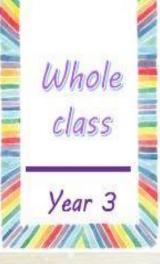
"Always have an attitude of gratitude", which is a wonderful way to live; this great quote is a reminder about how to live our life.

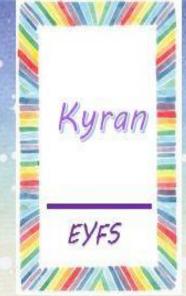
https://www.nhft.nhs.uk/updates/latest-update-less-than-a-week-to-go-until-headfest-northamptonshires-mental-health-awareness-week-celebration-7868

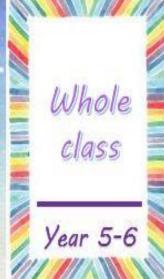
Diane Wright MA (Education) HEADTEACHER



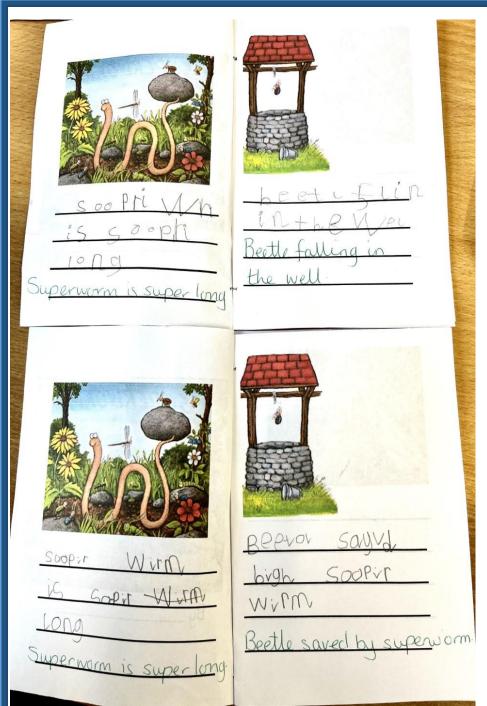




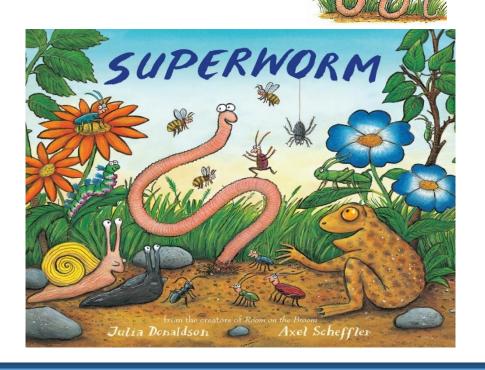








This week we are celebrating EYFS' writing skills. They have been using the story Super worm by Julia Donaldson as inspiration and what an amazing job they have done. The children learnt to retell the story using a story map but also added lots of actions. They then created their own Super worm books.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Do something kind for someone you really care about

Focus on what you can do rather than what you can't do Take a step towards an important goal, however small Send your friend a photo from a time you enjoyed together Let someone know how much they mean to you and why Look for people doing good and reasons to be cheerful Make a list of what matters most to you and why

Set yourself a kindness mission to help others today What values are important to you? Find ways to use them today

Be grateful for the little things, even in difficult times 11 Look around for things that bring you a sense of awe and wonder

Listen to a favourite piece of music and remember what it means to you

Find out about the values or traditions of another culture

Get outside and notice the beauty in nature

15

Do something to contribute to your local community Show your gratitude to people who are helping to make things better

Find a way to make what you do today meaningful Send a handwritten note to someone you care about 19
Reflect on
what makes you
feel valued and
purposeful

Share photos of 3 things you find meaningful

or memorable

21 Look up at the sky. Remember we are all part of something bigger

22

Find a way to help a project or charity you care about 23
Recall three
things you've
done that you
are proud of

Make choices that have a positive impact for others today Ask
someone else
what matters
most to them
and why

Remember an event in your life that was really meaningful Focus on how your actions make a difference for others

Do something special and revisit it in your memory tonight

29

Today do something to care for the natural world 30

Share a quote you find inspiring to give others a boost 31

Find three reasons to be hopeful about the future









Happier · Kinder · Together

ACTION FOR HAPPINESS