

Writing out your goals can help you identify what you want to achieve. It can also help you remember what the goals are. The steps below are the smaller moments that could help you achieve your main overall goal. When you are writing your target, make sure that it is **SMART**



Complete the table;

My goal	l will
Step 1	
Step 2	
Step 3	968

After you have completed this, share it with a friend and check if it is **SMART**, if it isn't give advice and ideas on how to make it so.



